

INFORMAȚII PERSONALE



Leonard STOICA

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WORK EXPERIENCE

01/10/2023 – Prezent

Professor Associate PhD

"Dunarea de Jos" University - Faculty of Physical Education and Sport
Galati (Romania)

Department of Individual Sports and Physiotherapy, Galati, Romania

10/10/2021 – 30/09/2023

Lecturer PhD

"Dunarea de Jos" University - Faculty of Physical Education and Sport
Galati (Romania)

Department of Individual Sports and Physiotherapy, Galati, Romania

21/12/2020 – 30/09/2021

Assistant PhD

"Dunarea de Jos" University - Faculty of Physical Education and Sport
Galati (Romania)

Department of Individual Sports and Physiotherapy, Galati, Romania

19/02/2018 – 20/12/2020

Assistant PhD Student

"Dunarea de Jos" University - Faculty of Physical Education and Sport
Galati (Romania)

Department of Individual Sports and Physiotherapy, Galati, Romania

University Transilvania from Brasov, Romania

03/10/2016 – 18/02/2018

Associate teaching staff

"Dunarea de Jos" University - Faculty of Physical Education and Sport
Galati (Romania)

Department of Individual Sports and Physiotherapy, Galati, Romania

01/09/2012 – 01.10.2023 **Teacher**
Secondary School "Lascar Catargiu" Schela, Galati (Romania)
- informatics
- responsible SIIIR
- responsible PSI committee
- responsible SSM commission
- responsible for the procurement and scrapping of sports materials
- organizer of thematic tours
- organizer of extracurricular activities and sports competitions
- class master

01/09/2009–31/08/2012 **Teacher**
Secondary School "Natalia Negru",.Buciumeni, Galati (Romania)
- responsible PSI committee
- responsible SSM commission
- responsible for the procurement and scrapping of sports materials
- responsible for extracurricular activities and sports competitions
- class master

EDUCATION AND TRAINING

01/03/2024– 01/010/2024 **Researcher - internal research grant UDJG**

01/12/2023– 01/03/2024 **Project Manager – ANC authorized course**

01/03/2023– 30/11/2023 **Expert in the project "Access and integration - Steps to university success", CNFIS-FDI-2023-F-0216**

27/11/2020– 30/09/2021 **Professional counseling and career guidance expert – member of the ROSE Project - „ Increasing the retention rate of students from the first academic year at the Faculty of Physical Education and Sport, "Dunarea de Jos" University from Galati" (StudPerformed) A.G. 180/SGU/NC/II/11.09.2019**

07/09/2020–15/10/2020 **Postgraduate courses:**
Management of Bibliographic Resources
Mentoring and Coaching in University Education
Quality Management in Higher Education
Academic ethics and deontology

04/05/2018–29/06/2018 **Management and Leadership**
Federation of Free Trade Unions in Education - E-Learning Platform, Galati (Romania)
- refresher course

18/10/2017–28/06/2018 **Coach - Gymnastics**
National Training and Training Center for Coaches, Bucuresti (Romania)

- 14/09/2017–29/09/2017 **Trainer**
Ministry of National Education and Scientific Research, Galati (Romania)
- course of training - COR code 242401
- 10/11/2016–17/11/2016 **Animator Holiday Centers**
Ministry of National Education and Scientific Research, Hunedoara (Romania)
- 03/10/2016–21/07/2020 **PhD - Sports Science and Physical Education**
"Transilvania" University, Brasov (Romania)
- 01/10/2014–31/08/2016 **Master - Physical Education and Sports Management**
"Dunarea de Jos" University - Faculty of Physical Education and Sport, Galati (Romania)
- 01/09/2009–31/08/2015 **Level I & II**
"Dunarea de Jos" University - Department for Training of Teaching Staff, Galati (Romania)
- 01/09/2009–31/08/2015 **The Didactic Degree : Definitive and Second Grade**
"Dunarea de Jos" University, Galati (Romania)
- 01/10/2005–31/08/2009 **Graduate in Physical Education and Sport**
"Dunarea de Jos" University - Faculty of Physical Education and Sport, Galati (Romania)
- 15/09/2001–31/08/2005 **Mathematical Informatics**
"Mircea Eliade" Theoretical High School, Galati (Romania)
- IT skills certificate
- 15/09/1997–31/08/2001 **Football**
Sports High School, Galati (Romania)
- secondary school -

PERSONAL SKILLS

Foreign language(s)	UNDERSTANDING		SPEAKING		WRITING
	Reading	Spoken interaction	Spoken production	Reading	
engleză	B2	B2	B2	B2	B2
	Language skills certificate - B2				
franceză	B1	B1	B1	B1	B1

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user
Common European Framework of Reference for Languages

- Communication skills**
- Very good communication skills acquired as a teacher: Clarity in exposure, Empathy, Active listening: Constructive feedback, Flexibility, Reason, Technical competence, Respect and professionalism;
 - Ability to interact and communicate very well in the instructive-educational process.

Organisational / managerial skills

- Promptness, consistency and accuracy in the organization and planning of documents;
- Ability to analyze and establish the modalities and deadlines for achieving the objectives;
- Fairness and speed in making decisions in normal or special situations;
- Organizing the organized activities with maximum safety and maximum effectiveness;
- Punctuality, ability to make stressful decisions and meet deadlines;
- Excellent abilities to organize and coordinate extracurricular activities and thematic excursions;
- Ability to assess the professional abilities of the employees;
- Autoprofessional / self-dependent capacity;
- Spirit of evaluation and improvement;
- Analytic spirit;
- Teamwork
- Commercial company administrator with object of activity organizing recreational activities such as field trips and school camps, creating and implementing personalized leisure activities programs

Job-related skills

- Ability to organize, coordinate, punctuality, fairness, communication, evaluation and improvement;
- Synthesis and analysis capacity, decisional capabilities, organizational spirit, coordination skills;
- Ability to assimilate new information and skills, availability for engagement in socio-cultural activities.

Digital skills

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem solving
Proficient user	Proficient user	Proficient user	Proficient user	Proficient user

Disciplines taught

- ✓ **Courses:**
Theory and practice of acrobatic gymnastics
Basic gymnastics
Free time motor activities
- ✓ **Seminars:**
Didactics of the specialty
Free time motor activities
- ✓ **Practical leason:**
Theory and practice of acrobatic gymnastics
Basic gymnastics
Methodology of teaching gymnastics in school
Physical education
- ✓ **Practical activities:**
Internship in mountain tourism
Pedagogical practice in compulsory pre-university education I and II

Program coordinator of excursion and camp activities

Coordinator of camps and thematic trips from 2009 to the present in the pre-university education system. The range of activities included visits to tourist attractions, various hikes, activities in adventure parks, cycling activities (mtb) and cyclotourism and outdoor workshops (orienteering, survival, camping)

Driving licence

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